



Indoor Grassroots / Developmental Programs

Details and full description - <http://www.saskvolleyball.ca/>



Training & Events

Fall 2022

		Elementary Stream		Community Stream		Development Stream	
GRADE / AGE GROUP		Grades 1 - 6 (7)		Smashball FUNDamentals ages 6 - 8	Smashball Learn to Train ages 9 - 11 (12)	13U	14U
P R O G R A M S	COACH / INSTRUCTOR TRAINING & SUPPORT	Intro to Elementary Volleyball <i>On-line presentation Hosted by Sask Volleyball</i>	October 5	Intro to Smashball <i>On-line presentation Hosted by Sask Volleyball</i>		October 12	
		VC Elementary Program Elementary Volleyball eLearning Module	On-going throughout the season	Fall Coaching Symposium Saskapalooza Series: Super Saturday <i>Hosted by Sask Volleyball</i>			October 29 Regina
		Intro to Elementary Volleyball <i>In-person, on-site training (Upon request) Hosted by schools / communities Supported by Sask Volleyball</i>	On-going throughout the season	VC Community Coach Workshop Volleyball Canada Community Coach Workshop <i>Hosted by Sask Volleyball</i>	November 2	Volleyball Canada Development Coach Workshop <i>Hosted by Sask Volleyball</i>	3rd or 4th week November
	ATHLETE TRAINING / COMPETITIONS	Elementary Volleyball <i>In-person, on-site training (Upon request) Hosted by schools / communities Supported by Sask Volleyball</i>	On-going throughout the season	Community SmashFest <i>Hosted by Individual Communities Supported by Sask Volleyball</i>	On-going throughout the season	Pre-season Prep Tournament TRIPLEBALL format <i>Hosted by Sask Volleyball</i>	December 17 SOUTH - Regina NORTH - Warman
				Saskapalooza SmashFest North / South <i>Hosted by Sask Volleyball</i>	November 26 Regina December 3 Saskatoon		

Sask Volleyball contact: **Tom Ash** - Program Coordinator: Grassroots Programming

<http://www.saskvolleyball.ca/grassrootsindoorprograms/>

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