

SASKATCHEWAN HIGH SCHOOL ATHLETIC ASSOCIATION

SHSAA Volleyball competitions will use the Rules of the Game in the current Volleyball Canada Rule Book with the following exceptions:

1. SHSAA will follow the Volleyball Canada warmup protocol.
2. SHSAA will use the TWO Libero rule plus the 12 substitution rule.
 - A) Each team is allowed to designate two liberos for each set of a match. Only one libero is allowed on the court at a time. Liberos are permitted to replace each other, or a back row player provided only 1 replacement is done between each rally.
3. SHSAA will use the 12 substitution rule:

Each team shall be allowed a maximum of 12 substitutions in any one set.

 - A) There is no limit to the number of times a player may leave or re-enter the set as long as the maximum number of 12 substitutions is adhered to and as long as they leave or re-enter for the same player. This is called the 12 Substitution Unlimited Rule.
 - B) Once you have a designated partner, that is the only player that you may leave or re-enter that set for (may change between sets)
 - C) These substitutions may occur at any point in the set.
 - D) All other substitution rules must be followed.
4. The 3rd set of a best of 3 match is to be played to 15 points.
 - A) A team must win by two points. There is no point cap.
 - B) There is to be a coin toss prior to the third set to determine service and sides as this is a tie breaker set.
 - C) Teams will change sides in a third set when one team reaches 8 points.
5. Teams may dress 15 players for a match and all 15 are placed on the roster on the score sheet and are allowed to remain in uniform and play. Maximum of four non-player personnel on the bench.
6. Height of Net: Boys – 2.43 metres; Girls – 2.24 metres.
7. Uniforms: All players must appear in similar uniform, clean and presentable, and of the same color. Numbers must be worn on the front and back of the uniform, according to the rules.
 - A) For all interschool volleyball games the on-court officials are instructed to penalize teams that change from their warm-up tops to their team uniforms in the gym by issuing a loss of serve and/or point to the offending team.
8. For SHSAA Competitions, the expulsion is to be treated the same as a disqualification.
 - A) PLAYER: If a player is disqualified from a match in High School competition, the player is
 - i. disqualified for the remainder of the match.
 - ii. Suspended from the next scheduled match to be played by the player in that sport.
 - B) COACH: If a coach is disqualified from a match in High School competition the incident must be reported by the referee and the host school to the SHSAA

Executive Director who shall investigate the matter. Referees should use the Referee Incident Report Form to report this. When a coach is disqualified the match will be forfeited if there is not another SHSAA qualified coach able to fill that role for that school's team for the remainder of the match. In a tournament situation the coach would be allowed to return to coaching in the next match.

9. The **Coach** signs the scoresheet at the end of the match to verify the results.

10. Conference and Regional Tournament Procedures:

A) Each match (in both round-robin preliminary and medal round) will consist of the best two of three sets.

B) Warm-up Procedure:

i. The warm-up period will consist of the following for the entire tournament:

Five minutes general warm-up with both teams on the court

Five minutes at the net for team with 1st serve in set 1

Five minutes at the net for the other team

11. General Regulations for High School Volleyball:

A) Players, Coaches, Managers, Officials are NOT to wear hats.

B) NEW Jewellery – Jewellery IS permitted. Same as Volleyball Canada rulebook**

C) Yelling during the service in volleyball is considered unsportsmanlike conduct. Team communication is appropriate but causing a distraction or attempting to intimidate is not acceptable during the serve in volleyball.

i. First offence is a warning, second offence is a penalty.

ii. It is unacceptable for fans to make noise during the serve in volleyball.

12. Exceptional Substitution

A) If a team has only 7 players listed on the score sheet roster, the Libero may be used as an exceptional substitution if there is an injury or illness to a regular player during a match in order to avoid the forfeiture of a set. The rules / procedures regarding an exceptional substitution would apply. This only applies for 7 players with one as the libero. It does not apply when the team has 8 players and chooses to use two liberos.