P 306-780-9250 F 306-780-9288 www.saskvolleyball.ca

1750 McAra Street Regina, SK S4N 6L4

Regina Office

Saskatoon Office 510 Cynthia Street Saskatoon, SK S7L 7K7

2023-24 Club Accreditation Policy

The goal of Club Accreditation is to provide accountability to all members who participate in the sport, and to strengthen volleyball's club system by rewarding, recognizing and encouraging clubs to better serve their volleyball community.

Approved Club

Minimum requirements of operating a "Approved Club" will include:

- Risk management and liability
 - o All Team Personnel (HC, AC, Trainer & Manager) must complete a
 - Police Records Check
 - Respect in Sport or Safe Sport Training
 - o Ensure Rule of Two practices have been shared with club members and coaches
 - At least one member of the Team Personnel listed in the VRS is same gender as athletes.
- Coaching Development
 - Head Coach complying with Volleyball Canada (VC) Coach Certification Policy.
 - Privacy Officer identified, responsible for collecting Police Records Checks and Respect in Sport documents for Coaches, and age verification for Athletes.
- Completed Approved Club <u>Registration Form</u> for the Club, and <u>Approved Team Registration</u>
 Form for each team in the Club.

Accredited Club

A club may also wish to achieve the designation of an "Accredited Club". To achieve this a team will need to demonstrate:

- All requirements for Approved Club
- Accountability
 - Financial Statements shared internally with the club members or the club is registered as a Non-Profit organization.
- Coaching Development
 - A designated <u>Mentor Coach</u> for your Club.
- Athlete Development
 - Club has registered members with Sask Volleyball in the following programs (Between Sep 1/23-Aug 31/24):
 - 1+ Learn to Train (6-12 years) Minimum 6 week program
 - Smashball Fundamentals, Smashball
 - 1+ Train to Train (13U-16U) club team



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- 1+ Learn to Compete (17U-18U) club team
- Active website or Social Media account
- Published Formal Policies on Website or Social Media
 - Team and Club operating policies including athlete selection
 - Adopt Sask Volleyball governance policies: Appeal, Code of Conduct, Confidentiality,
 Conflict of Interest, Discipline and Complaints, Dispute Resolution, Screening
 - Clubs must include a link to Sask Volleyball's governance page
- Club is represented at Sask Volleyball's Annual General Meeting
- Completed Accredited Club Registration Form for the Club, and Accredited Team Registration
 Form for each team in the Club

Performance Team

- Relevant to 16-18U teams only
- Meet all **Accredited Club** requirements
- Coaching Development minimum requirements
 - o Head Coach is Performance Coach Trained and working towards Certification
 - Each performance team must have a different head coach per roster
 - Assistant Coaches are <u>Advanced Development Coach</u> Trained and working towards Certification
 - Each performance team must have different assistant coaches per roster
- Advanced training and competition schedule for development phase including sport science support
 - On court training/competition aligned with Long Term Development (LTD) <u>Learning to</u>
 Compete stage. Club team must attend:
 - All Sask Cups, Provincials, and Club Nationals, plus a minimum of 1 out of province tournament
 - Strength and Conditioning (S&C) program developed and monitored periodically by a certified S&C Coach through the Sport Medicine and Science Council of Sask (SMSCS).
 - Mental Training program developed and monitored periodically by a certified Mental Training Specialist, ideally through the SMSCS
 - Nutrition program developed and monitored periodically by a registered dietician, ideally through the SMSCS
- Ideal daily training environment
 - Training facility minimum of 3 meters of serving space on end lines and 3 meters off each sideline. Minimum gym height of 7 meters.
 - Access to two courts during all team training sessions
 - Access to video & stats during team training and competitions
 - o 1 hour every two weeks dedicated to small group skill training on top of team training
 - Minimum of two coaches involved in all team training



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 Complete a Sask Volleyball yearly club competency & deliverable status report card at the conclusion of the season

Club Accreditation Benefits

Approved Club

Approved to participate in Club Volleyball activities.

Club Accreditation

- Sask Volleyball Accredited Club Logo on your club advertising and website.
- Listed on Accredited Clubs Listings on Sask Volleyball website.
- Sask Volleyball's Coaches Symposium discounted registrations for registered club coaches.
- Art of Coaching membership for all registered club coaches.
- Access to MAP Grant Funding.

Performance Team Accreditation

• Sask Volleyball Performance Club Logo on your club advertising and website.

Updated: October 24th, 2023