

## Saskapalooza SmashFest

*Be a part of the fun and excitement!!*

### What is Saskapalooza?

It is a fun and exciting volleyball event open to children **ages 8 – 11** years of age (*gr. 3 – 6*)

### Saskapalooza is intended to:

- promote an enjoyment of volleyball in a setting of friendly competition;
- provide an event at which athletes and leaders / teachers / coaches can have fun learning, training and competing within an easy-going program of activities.
- give students and leaders / teachers / coaches an opportunity to participate in an event that celebrates the sport of volleyball and encourages them to further their involvement in volleyball

### What is SMASHBALL?

It is:

- a volleyball game-play variation that emphasizes attacking (*hitting/spiking*).
- fun and fast-paced.
- ideally suited for use as the game play component for Grassroots programs.

### How is SMASHBALL played?

- from an ATTACK - the receiving team can **catch** the ball directly, **OR** after the ball bounces *once*; and continue the rally.

- ✓ use lighter and softer volleyballs,
- ✓ use a modified volleyball court (court *divided in half, length-wise*) with a lowered net and;
- ✓ use a 3 v 3 format

**NOTE:** During game play a CATCH & TOSS method is used for ball movement (*passing*) between players prior to the attack.

**Hosted by:** Sask Volleyball

**Date:** Regina: November 25, 2023  
North Battleford: December 2, 2023

**Location:** Regina: **Queen City Volleyball Club Complex** – 1802B Stock Rd., Regina  
North Battleford: **NationsWEST Field House** - 623 Carlton Trail, North Battleford

### Team Tourney (*maximum: 15 teams - Regina; 15 teams – North Battleford*)

- no previous volleyball experienced required
- open to **Girls** teams, **Boys** teams or **Co-Ed** teams
- recommended team size: 6 players (*minimum team size – 3 players . . . no maximum team size*)
- *Individuals are invited to register. Individual registrants will be combined with other children to form teams or combined with teams that require additional members*

**Schedule:**

Time	Activities
10:30 – 11:00	Registration
11:00 - 12:00	Skill instruction - Tossing / Hitting
12:00 - 12:15	BREAK
12:30 - 15:30	Smashball tournament
15:30 - 16:00	Wrap-up & Good-byes

**Teams are:** *guaranteed a minimum of 4 matches*

**Entry fee:** \$10 / child

**NOTE:** This competition is **NOT** a club tournament.  
There are **NO** trophies or medals being awarded

**Registration process:** Registrations should be sent directly to Tom Ash.  
Registrations will be accepted on a *first-received-first-registered* basis.

**Registration Deadline:** Regina: **November 3, 2023**  
North Battleford: **November 9, 2023**

**Questions, inquiries and registration forms can be addressed to:**

**Tom Ash** Program Coordinator  
Grassroots Programs  
Sask Volleyball  
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