



2021 – 2022  
Club Guide

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## Staff

### Regina Office

**1750 McAra Street Regina, SK S4N 6L4 Main Line 306-780-9250 Fax 306-780-9288**

Aaron Demyen Chief Executive Officer 306-535-9231 [aaron@saskvolleyball.ca](mailto:aaron@saskvolleyball.ca)

Responsibilities: Strategy, Board Governance, Human Resources, Revenue Generation, Special Events, Aboriginal Development.

Lee Hamilton Financial Manager 306-527-0140 [lee@saskvolleyball.ca](mailto:lee@saskvolleyball.ca)

Responsibilities: Accounting, Registration, Office Operations, Officials Liaison.

Cara Orr Program Director 306-539-1734 [cara@saskvolleyball.ca](mailto:cara@saskvolleyball.ca)

Responsibilities: Program Management, Club, Awards & Hall of Fame, Events Sanctioning, Apparel

Tom Ash Program Coordinator 306-780-9419 [tomash@saskvolleyball.ca](mailto:tomash@saskvolleyball.ca)

Responsibilities: Youth Development Volleyball, 13U-14U Club.

Tom Foster Program Assistant 306-540-3210 [tomfoster@saskvolleyball.ca](mailto:tomfoster@saskvolleyball.ca)

Responsibilities: 15-18U Club.

Lori Banga Referee Contact 306-745-7811 [skroc@sasktel.net](mailto:skroc@sasktel.net)

Responsibilities: Referee Training, Referee Mentorship, Referee Evaluation.

### Saskatoon Office

**510 Cynthia Street Saskatoon, SK S7L 7K7 Main Line 306-975-0879**

Eric Marchildon Technical Director 306-715-0228 [eric@saskvolleyball.ca](mailto:eric@saskvolleyball.ca)

Responsibilities: Women's High Performance Programs, Coaching Programs

Joel Dyck High Performance Manager c 306-713-2450 [joel@saskvolleyball.ca](mailto:joel@saskvolleyball.ca)

Responsibilities: Men's High Performance Programs, Coaching Programs

## VACCINATION POLICY

1. These terms will have these meanings in this policy:
  - a) “Fully-Vaccinated”, with respect to an individual who resides in Saskatchewan or who resides in another jurisdiction, means that:
    - the individual has received the recommended number of doses of a COVID-19 vaccine, or combination of Covid-19 vaccines, approved by Health Canada; and
    - 14 or more days have passed since the individual received the last of the recommended number of doses.
  - b) “Personal Identification” means one of the following:
    - A government of (Saskatchewan or other) issued identifications card including, a driver’s licence, health card, passport, or birth certificate.
  - c) “Covid-19 test” means any of the following paid tests administered at a testing site approved by the Minister of Health, as posted on the Government of Saskatchewan’s website.
    1. a polymerase chain reaction (PCR) test for SARS-CoV-2;
    2. a point-of-care antigen test for SARS-CoV-2 by an approved third-party testing facility.
  - d) “Proof of Negative Covid-19 Test” means all individuals including those claiming exemptions on medical religious or other grounds, that are 12 & over, that are not fully vaccinated shall provide proof of a Negative Covid-19 Test acquired from an acceptable source and provided within 72 hours of the start of the activity, along with personal identification. Children under 12 are exempt. Testing to be done at the participant’s expense.
  - e) “Sask Volleyball Authorized Representative” means an individual employed or contracted by Sask Volleyball to work a Sask Volleyball organized tournament, clinic, workshop, program or other in-person activity.
  - f) Privacy - Privacy of personal medical information must always be respected. Information is provided to allow entry into that event only and is not stored or shared for any other purpose.
  - g) Compliance - Individuals attempting to gain access to Sask Volleyball activities by providing false attestations or fraudulent documentation put the health and safety of participants and organizers into question and shall be subject to immediate suspension from all Sask Volleyball activities, province wide, pending a Discipline and Complaints review.
  - h) Impact of Other Policy – Municipalities, facility operators, other governing authorities may have policies in effect that must be followed in addition to Sask Volleyball’s COVID-19 policy. Sask Volleyball will continue to follow all other public health orders and recommendations as set out by the Saskatchewan Health Authority and the Government of Saskatchewan. The words, conditions, and terms outlined herein are subject to change without notice and in all cases Sask Volleyball shall refer to Public Health Orders or Sask Health guidelines for further clarity.

### Policy Statement

2. Sask Volleyball will make proof of being fully vaccinated for Covid-19, or a negative Covid-19 test within 72 hours of the start of an event, mandatory prior to participation in any in-person activity organized and under the authority of an Sask Volleyball Staff or Authorized Representative. Activities include Indoor Sask Cups, Indoor Provincials, Beach Tour events, Beach Provincials, Coach Workshops, Referee Clinics, promotional events, and any other activity organized and under the authority of Sask Volleyball.

### Eligibility

3. This policy is in effect for all athletes, team personnel, officials, staff, volunteer, and spectator aged 12 and older attending any in-person activity organized and under the authority of an Sask Volleyball Staff or Authorized Representative.

### Exceptions

4. No exemptions to the proof of vaccination or negative Covid-19 test requirement due to medical, religious or other reasons will be accepted. A negative COVID-19 test within 72 hours of the activity will allow access for any individual.

5. Activities organized and under the authority of a club, league, or program, including camps, development programs, tryouts, practices, tournaments, and league play, are not subject to this policy. A Sask Volleyball club, league, or program are encouraged to adopt the Sask Volleyball Covid-19 Policy or a similar policy for these activities, and will be responsible to implementing any such policies.

### Privacy

6. Information is provided to allow entry into an event's facility only and as such is not stored or shared for any other purpose. No information will be stored concerning an individual's medical information.

### Appeal

7. Any decision rendered by Sask Volleyball in accordance with this Policy may be appealed in accordance with the Association's Discipline and Complaints Policy.

### Other

8. Masking requirements for indoor activities, as per the current Public Health Orders (PHO), must also be followed at all times.

This Policy was approved by the Sask Volleyball Board of Directors October 8th, 2021.

## Memberships

Membership Fees (all prices include GST):

- Competitive Athlete and Coach - \$92.00  
**This fee applies to ANY individual who would be on the bench or court at ANY tournament**
- Associate Memberships (per person) - \$92.00
- College & University Athletes and Coaches - \$59.00
- Atomic Registration - \$10.00 per participant
- Indoor Recreation Player - \$10.00 per participant
- Beach Membership - \$10.00 per participant

\*Credit card fees are added to the membership amounts above

- First Nations Winter Games teams - \$100.00/team
- Referees
  - Novice Level - \$20.00
  - Local Level - \$48.00
  - Provincial Level - \$53.00
  - Regional Level - \$90.00
  - National Level - \$100.00
  - International Level - \$110.00

**\*\*New referee requirements\*\*:**

Referees must complete Respect In Sport and Safe Sport

<http://www.sasksport.sk.ca/RiS/>

<https://coach.ca/>

Once completed, forward the certification (RIS) and confirmation (Safe Sport) of completion to [skroc@sasktel.net](mailto:skroc@sasktel.net) for documenting. You must have these additional requirements to be assigned to Sask Volleyball sanctioned events.

## Merchandise

Sask Volleyball provides sanctioned tournaments with free scoresheets and lineup cards. We also have a variety of other items and supplies available for sale.

Please contact Sask Volleyball office at 780-9250 for more information on obtaining these products.

## Insurance Policy

By registering, a team/club's training and competitive activities are covered under Sask Volleyball's insurance policy. Sask Volleyball will sanction tournament competitions for member teams providing a request has been received in advance of the tournament or event from the tournament host.

To request sanctioning for an event, visit:

<https://volleyball.canada.sportsmanager.ie/sportlomo/registration/member-registration/club/12322>

Teams hosting tryouts, tournaments, competitions, clinics, or camps should contact Sask Volleyball office for information on Sask Volleyball Event Sanctioning Policy. Coverage under this policy related to indoor programs expires May 31st, and for outdoor programs expires August 31st. To request information on the Event Sanctioning Policy or to report a claim under the Sport Accident Policy, contact:

Sask Volleyball  
1750 McAra Street Regina, SK S4N 6L4  
Tel: 306-780-9250 Fax: 306-789-9288 Email:

All Sask Volleyball sanctioned tournaments MUST use registered referees.

## Constitution, Bylaws, and Policies

Please visit <http://www.saskvolleyball.ca/governance/#bylaws> for Sask Volleyball's Constitution, Bylaws, and other policies.

## Sponsors

Sask Volleyball has formed several partnerships to help our members with all their volleyball needs. To become a sponsor and view our partnership guide, visit: <http://www.saskvolleyball.ca/sponsorship/>

## Preferred Hotels

Sask Volleyball has partnered with multiple hotels throughout the province to provide hotel blocks and a rebate program back to Sask Volleyball. Please support the hotels that have been selected as it helps keep the costs lower for the programs. Sask Volleyball members will be able to access online platforms to book hotels at preferred rates, with a link being provided to teams when they register for each event and will be posted on the Sask Volleyball website as well.

## Equipment

Mikasa Sports Canada is the official Indoor, Outdoor and Beach volleyball supplier for Sask Volleyball.

AGE CLASS	2022	2023	2024
<b>12U WOMEN</b>	VUL500	VUL500	VUL500
<b>13U WOMEN</b>	VUL500	VUL500	VUL500
<b>14U WOMEN</b>	MIP300	VQ200W-CAN	VQ200W-CAN
<b>15U WOMEN</b>	MIP300	VQ200W-CAN	VQ200W-CAN
<b>16U WOMEN</b>	MIP300	V200W	V200W
<b>17U WOMEN</b>	MIP300	V200W	V200W
<b>18U WOMEN</b>	MIP300	V200W	V200W
<b>12U MEN</b>	MIP300	VQ200W-CAN	VQ200W-CAN
<b>13U MEN</b>	MIP300	VQ200W-CAN	VQ200W-CAN
<b>14U MEN</b>	MIP300	VQ200W-CAN	VQ200W-CAN
<b>15U MEN</b>	MIP300	VQ200W-CAN	VQ200W-CAN
<b>16U MEN</b>	MIP300	V200W	V200W
<b>17U MEN</b>	MVA200	V200W	V200W
<b>18U MEN</b>	MVA200	V200W	V200W



\*\*\*Volleyball Canada National Championships will play with the Mikasa VQ200W-CAN for 14 & 15U and Mikasa V200W for 16-18U.

## Section 2: Early Development Programs

### ELEMENTARY VOLLEYBALL

The Elementary Volleyball Program (*formerly Mini-Volley and Atomic Volleyball*) is a resource for teachers, community leaders, and coaches working with children ages 6 to 12 years. (gr. 1 – 6)

#### What is the Elementary Program?

It is a National Coaching Certification Program (NCCP) online course that is:

- designed for Elementary School Teachers delivering a physical education curriculum.
- a useful resource for noon hour and after school programs.
- a well-designed, detailed program for community leaders and clubs looking for developmental programming.

#### Overview:

The Elementary Volleyball Program:

- introduces children to the game of volleyball in a fun and interesting way,
- uses a variety of participant formats (*1 x 1; 2 x 2; and 3 x 3*) for the activities/games,
- uses play experience to help children learn basic game tactics, technical skills, and rules, and
- includes a 150-page Teacher Guide with sample lesson plans and assessments making it easy for teachers/instructors to use.

#### Key Components:

- uses lighter and softer volleyballs.
- activities/games are played on a smaller court (*badminton court*), or a volleyball court divided in half, lengthwise.

#### Support materials/resources:

On the Sask Volleyball web site follow the links:

- [INDOOR - DEVELOPMENTAL PROGRAMS - ELEMENTARY VOLLEYBALL](#), OR;
- [COACHES - COACHING RESOURCES - ELEMENTARY VOLLEYBALL](#)

For more information, or to schedule a clinic (*virtual or in-person*) for your community, school or club, contact:

Tom Ash      Program Coordinator, Sask Volleyball  
[tom@saskvolleyball.ca](mailto:tom@saskvolleyball.ca)  
306-780-9419



## ATOMIC SMASHBALL

Designed for children: gr. 4 – 6; ages 9 – 12 years

**What is it?** A combination of **Atomic Volleyball** and **Smashball**

**Atomic Volleyball** is a training program (6 – 8 sessions; 1 – 1 ½ hours/session) in which:

- children learn the basic skills of volleyball: *attacking, fore-arm passing, overhead passing, serving, and blocking*;
- children practice the skills through modified game play (**Smashball** . . . see below)
- the game is played using lighter and softer volleyballs on a badminton court, with the net at badminton height or a lowered volleyball net (*max. 2 meters*), and;
- there are 3 - 4 players per side.
- children are provided with the background that can help them to play in other Elementary, Intramural, and High School programs.

**Smashball** is:

- a volleyball game-play variation that emphasizes attacking (*hitting/spiking*).
- fun and fast-paced.
- ideally suited for use as the game play component for an Atomic Volleyball training program . . . thus **Atomic Smashball**

### How is Smashball played?

- from an ATTACK - the receiving team can *catch* the ball directly, OR after the ball bounces once, and continue the rally.

- from a SERVED or TOSSED ball - the receiving team is expected to catch/play the ball directly (no bounce).

**NOTE:** introductory progressions use a CATCH & TOSS method for ball movement (passing) between players. As the players' skills improve, they are encouraged to progress (transition) to the use of volleyball skills for all contacts (passes) during game play.

### **Atomic Smashball - Support materials/resources:**

On the Sask Volleyball web site follow the links:

- [INDOOR – DEVELOPMENTAL PROGRAMS - ATOMIC SMASHBALL](#) **OR;**
- [COACHES - COACHING RESOURCES - ATOMIC SMASHBALL](#)

On the web site you will find:

- Training suggestions & Resources
- Progressions – Game Play SUMMARY Sheet
- Video (link): [Introducing Smashball](#)

For more information, or to schedule a clinic (*virtual or in-person*) for your community, school or club, contact: Tom Ash Program Coordinator, Sask Volleyball [tom@saskvolleyball.ca](mailto:tom@saskvolleyball.ca) 306-780-9419

## Section 3: High Performance Program

The following provides a brief overview of the indoor programs being offered in 2022. Further details will be updated on our website.

TEAM SASK	16/15U	17/16U	CSG
<b>Eligibility</b>	Born in 2006 and later	Born in 2005 and later	Born in 2003 and later
<b># of Athletes - Female:</b>	One (1) team of 14	One (1) team of 14	One (1) team of 12
<b># of Athletes - Male:</b>	One (1) team of 14	One (1) team of 14	One (1) team of 12
<b>ID Camps - Female:</b>	13U Jump Test – Mar 29 14U Jump Test – Feb 12 15U Camp #1 – Jan 28 15U Camp #2 – Apr 8 16U Not offered	Not offered – Sask Cup competitions will be utilized for athlete identifications	N/A
<b>ID Camps - Male:</b>	14U Jump Test – Apr 2/3 16U Camp – Apr 1	Not offered – Sask Cup competitions will be utilized for athlete identifications	N/A
<b>Select Regional Camp:</b>	15U Development Camp – May 6 & 7	Not offered	N/A
<b>Final Selection Camp:</b>	Invite Only – May 27-29	Invite Only – May 27-29	Invite Only – Jan 2
<b>Training Dates:</b>	June – July, Exact Dates TBD		June – Aug
<b>Training Facility:</b>	TBD	TBD	TBD
<b>Competition:</b>	TBD - All teams typically participate in the Canada Cup in mid-July. Location and date to be confirmed by Volleyball Canada. Canada Summer Games are scheduled for August 14-22 in Niagara Falls.		

NAIG is scheduled for 2023 and Sask Summer Games 2024.

## Section 4: Club Governance

### How to get started

For information on designing a club, programs, coaching, and funding visit our website:

<http://www.saskvolleyball.ca/club-resources/>

## Hosting your own Club Tournament

For information on sanctioning, registration, rules, officials, and follow-up visit our website: Registration: <https://volleyball.canada.sportsmanager.ie/sportlomo/registration/event-registration/index/12322>.

Tournament Sanctions are \$50+GST and non-refundable, although they can be transferred to a different date in the same club season. Tournament Sanctions will be accepted starting October 15, 2021.

## Provincial Club Programs

Clubs can have their contact info listed on the Sask Volleyball website to promote themselves to the public. Contact Lee at [lee@saskvolleyball.ca](mailto:lee@saskvolleyball.ca) to add your club information for 2021-2022.

## Section 5: Age Class Programs

In cooperation with Volleyball Canada, Sask Volleyball offers Volleyball Athlete Development Programs for young women and men in nine different age categories.

Every team that registers is eligible to compete at the Provincial Championships provided they have played in the minimum number of tournaments for that age-class. All teams that play in a Provincial Championship are eligible to compete at a National Championship for the same age-class.

Age Category		Net Height	
		Women	Men
	Athletes Born in:		
13 & Under	Sept 1, 2008 – Dec 31, 2009 and later	2.15	
14 & Under	Sept 1, 2007 – Dec 31, 2008 and later	2.15	2.20
15 & Under	Sept 1, 2006 – Dec 31, 2007 and later	2.20	2.35
16 & Under	Sept 1, 2005 – Dec 31, 2006 and later	2.24	2.35
17 & Under	Sept 1, 2004 – Dec 31, 2005 and later	2.24	
18 & Under	Sept 1, 2003 – Dec 31, 2004 and later	2.24	2.43
21 & Under	Sept 1, 2000 – Dec 31, 2001 and later	2.24	2.43

## Overage Athletes

For 18U only, athletes born between January 1 – August 31, 2003 and are in Grade 12 for the 2021-2022 academic year (first year Grade 12) are eligible to compete as an Overage Athlete. For 2021-2022 ONLY, athletes born between January 1 – August 31, 2003 are eligible to compete in the 18U category provided they are not on a post-secondary roster. A maximum of 2 of these overaged athletes are allowed per team.

**No Age Exemptions will be granted for Female Age Classes in 2022 other than for 18U listed above.**

*\*New rule as of 2017 - Athletes that are born Sept 1, 2003 – December 31, 2003 and who have already graduated high school are eligible to play on an 18U team and are not considered overaged.*

## Start Date

Club registration will open **Monday, September 20, 2021**.

Sanctioned team tryouts may be held starting **Friday, October 8, 2021**, for all age groups. To request sanctioning for your tryout visit: Registration :

<https://volleyball.canada.sportsmanager.ie/sportlomo/registration/event-registration/index/12322>

Team Registration will open **Monday, November 1, 2021**.

All sanctioned team practices may start on **Monday, November 29, 2021**, and after your team has **registered with** Sask Volleyball for the 2021-2022 Season.

Team Registration for Sask Cup #1 will open **Monday, November 1, 2021**, and will close with a deadline of **Thursday, December 16, 2021**. Early Bird Registration will close Thursday, December 9, 2021.

***Any practices and tryouts that are not sanctioned have no insurance through Sask Volleyball.***

**Sask Volleyball will support SHSAA and only offer sanctioning to events that run September – November 28<sup>th</sup> that don't house high school athletes on their rosters.**

## Eligibility

Coaches are responsible for ensuring that teams comply with Sask Volleyball and VC eligibility criteria for the registration of teams. **Athletes can only play for and be registered with 1 club.** Proof of age will be required at Provincials. One of Birth Certificate, Driver's License, or Health Card will need to be shown as identification. Coaches are asked to please have ALL PROOFS photocopied on a single sheet of paper

which can easily be checked at registration check in prior to their first match. The sheet will be returned to the coach, Sask Volleyball will not retain any identification documentation.

### Summary of Fees

The \$50+GST Event Sanctioning fee must be paid for all tryouts prior to team registration. Registration fees of \$93 per individual (athletes, coaches, and anyone else on the bench) MUST be paid prior to a team's first practice to qualify for insurance. Should a team fail to abide by Sask Volleyball event policies and procedures during the year, a \$100 Team Performance charge will be issued and collected before the team will be permitted to continue participation. Individual registration fees and Event Sanction Fees are non-refundable and non-transferable.

### Team Registration Procedure

Registration must be done on-line. Team registration for the 2021-2022 Age-Class Indoor Season will be available beginning **Monday, November 1, 2021**. All try-outs and training must be sanctioned by Sask Volleyball to ensure that insurance requirements are met. To request sanctioning for an event, visit: <https://volleyball.canada.sportsmanager.ie/sportlomo/registration/event-registration/index/12322>

### Forming a Team

Groups of 8 to 15 athletes and up to 4 coaching staff may register as a team in the appropriate age category. **Coaches may only be listed as head coach on 1 team in each age category. Please note the playing requirements for each individual age group. Teams may have up to 15 players listed on the roster but only 12 players can be listed on the scoresheet for each match (VC rule 4.1.1)**

(A minimum of 8 athletes/team is required)

**If you are head coaching more than 1 team in multiple age groups, and the teams compete on the same weekend, you may only head coach 1 team that weekend.**

### Athlete Recruitment/Transfer Policy

All players are free agents at the end of a playing season and will remain as such until they are registered with Sask Volleyball for the 2021-2022 Indoor Season. Once a player has completed the registration process with a team, a player may not transfer without the consent of Sask Volleyball. When transfer consent is given, a transfer date will be stated as to when it will be effective, at a minimum of fourteen days after application.

*To transfer, a player must meet the following requirements:*

- Provide a written request to Sask Volleyball stating the reasons for the transfer.

- Obtain a written release from the club or team the player wishes to leave. A release may not be held unreasonably. If a club or team refuses to provide a written release, Sask Volleyball will determine whether the transfer is allowed.
- Submit a new registration form.
- No transfers will be allowed after the Roster Freeze deadline.

Due to the Covid 19 pandemic, for 2021-2022 season, athletes are encouraged to register with a team in their local community or the nearest team to their residence.

## Rules

Rules for the 2021-2022 Age Class Season comply with current 2021-2022 Official Volleyball Canada Rules unless otherwise stated with respect to each age category. Rulebooks can be purchased from Sask Volleyball office.

### Rule Changes for 2021-22

- **Libero can now be used at 16U Men**
- **OVERHEAD PASS at 15U is NOW PERMITTED**
- **Volleyball Canada Warmup Protocol will be used at all Sask Volleyball Sanctioned events.**
- Sask Volleyball will be using the Volleyball Canada Concussion Policy and Protocol at Sask Cups and Provincial Championships. An Athletic Therapist will be present at all Provincial Championships. To review the concussion policy/protocol, visit:  
<file:///C:/Users/Owner/AppData/Local/Temp/2018-Concussion-Policy-apr30.18.pdf>

## Tournament Registration Procedure

Registration for Sask Cups and Provincial Volleyball Championships will be done on-line through the VRS. Teams will only be allowed to register for Sask Cups after they have completed the membership registration (including payment). Sask Cup registration fees are only refundable until the entry deadline. If a refund is requested prior to the registration deadline a refund will be issued minus a \$50 admin fee. After the registration deadline has passed, no refund will be issued.

To register for a Sask Cup or Provincial Championship, please visit: Registration;

<https://volleyball.canada.sportsmanager.ie/sportlomo/registration/event-registration/index/12322>

## Provincial Volleyball Championship Registration

The deadline to register for all Provincials will be **Friday, Feb 25<sup>th</sup>, 2022, with the Early Bird Registration being Feb 18, 2022.** Teams may play up an age-group in Provincials, providing they also play in their own age-group and they meet the minimum number of tournaments played requirement for both events.

Teams planning on participating in the National Championships for an age category **MUST** play in Provincials for that age category if it is offered. Provincials will/may be held on Friday nights through Sundays.

## Frozen Rosters

Rosters are frozen 14 days prior to each Sask Cup event.

The deadline for all Provincials Frozen Rosters will be **Monday, April 1<sup>st</sup>, 2022, at 10pm**

## 2022 Sask Cups & Provincials

\*Tournaments/provincials may start on the Friday of the weekend listed

\*Tournaments already confirmed for a Friday night are listed in **RED**

Exact Tournament Amounts will be determined once a final budget is completed which includes the new Vaccination Policy

AGE	TOURNAMENT	Early Bird Registration	Registration Deadline	LOCATION
13UW	Sask Cup #1 Feb 5-6	Dec 9, 2021 \$650-\$750	Dec 16, 2021 \$750-\$850	Warman
	Sask Cup #2 Mar 19-20 <i>Jump Test – Saturday</i>	Jan 26, 2022 \$650-\$750	Feb 2, 2022 \$750-\$850	Warman/Martensville
	Provincials April 22-24	Feb 18, 2022 \$775-\$875	Feb 25, 2022 \$875-\$975	Saskatoon/Warman
14UW	Sask Cup #1 Feb 12-13 <i>Jump Test – Saturday</i>	Dec 9, 2021 \$650-\$750	Dec 16, 2021 \$750-\$850	Saskatoon/Warman
	Sask Cup #2 <b>*Mar 11-13</b>	Jan 19, 2022 \$650-\$750	Jan 26, 2022 \$750-\$850	Lloydminster
	Sask Cup #3 April 2-3	Feb 9, 2022 \$650-\$750	Feb 16, 2022 \$750-\$850	Regina
	Provincials April 22-24	Feb 18, 2022 \$775-\$875	Feb 25, 2022 \$875-\$975	Saskatoon/Warman
14UM	Sask Cup #1 Mar. 5-6	Dec 9, 2021 \$650-\$750	Dec 16, 2021 \$750-\$850	Yorkton
	Sask Cup #2 April 2-3 <i>Jump Test – Sun</i>	Feb 9, 2022 \$650-\$750	Feb 16, 2022 \$750-\$850	Warman
	Provincials April 22-24	Feb 18, 2022 \$775-\$875	Feb 25, 2022 \$875-\$975	Saskatoon/Warman
15UW	Sask Cup #1 Jan 29-30 <i>ID Camp – Friday</i>	Dec 9, 2021 \$650-\$750	Dec 16, 2021 \$750-\$850	Saskatoon/Warman
	Sask Cup #2	Jan 12, 2022	Jan 19, 2022	Lloydminster

	<b>*Mar 4-6</b>	\$650-\$750	\$750-\$850	
	Sask Cup #3 Apr 9-10 <i>ID Camp – Friday</i>	Feb 16, 2022 \$650-\$750	Feb 23, 2022 \$750-\$850	Saskatoon/Warman
	Provincials April 29-May 1	Feb 18, 2022 \$775-\$875	Feb 25, 2022 \$875-\$975	Saskatoon/Warman
16UW	Sask Cup #1 Jan 29-30	Dec 9, 2021 \$650-\$750	Dec 16, 2021 \$750-\$850	Saskatoon/Warman
	Sask Cup #2 Mar 5-6	Jan 12, 2022 \$650-\$750	Jan 19, 2022 \$750-\$850	Saskatoon
	Sask Cup #3 <b>*Mar 25-27</b>	Feb 2, 2022 \$650-\$750	Feb 9, 2022 \$750-\$850	Lloydminster
	Provincials April 29-May 1	Feb 18, 2022 \$775-\$875	Feb 25, 2022 \$875-\$975	Saskatoon/Warman
16UM	Sask Cup #1 Feb 26-27	Dec 9, 2021 \$650-\$750	Dec 16, 2021 \$750-\$850	Warman
	Sask Cup #2 Apr 2-3 <i>ID Camp – Friday</i>	Feb 9, 2022 \$650-\$750	Feb 16, 2022 \$750-\$850	Regina
	Provincials May 6-8	Feb 18, 2022 \$775-\$875	Feb 25, 2022 \$875-\$975	Saskatoon/Warman
17UW	Sask Cup #1 Feb 12-13	Dec 9, 2021 \$650-\$750	Dec 16, 2021 \$750-\$850	Saskatoon/Warman
	Sask Cup #2 Mar 5-6	Jan 12, 2022 \$650-\$750	Jan 19, 2022 \$750-\$850	Saskatoon
	Sask Cup #3 April 9-10	Feb 16, 2022 \$650-\$750	Feb 23, 2022 \$750-\$850	Regina
	Provincials May 6-8	Feb 18, 2022 \$775-\$975	Feb 25, 2022 \$875-\$975	Saskatoon/Warman
18UW	Sask Cup #1 Feb 12-13	Dec 9, 2021 \$650-\$750	Dec 16, 2021 \$750-\$850	Saskatoon/Warman
	Sask Cup #2 Mar 12-13	Jan 19, 2022 \$650-\$750	Jan 26, 2022 \$750-\$850	Yorkton
	Sask Cup #3 April 9-10	Feb 16, 2022 \$650-\$750	Feb 23, 2022 \$750-\$850	Regina
	Provincials May 6-8	Feb 18, 2022 \$775-\$875	Feb 25, 2022 \$875-\$975	Saskatoon/Warman
18UM	Sask Cup #1 Feb 26-27	Dec 9, 2021 \$650-\$750	Dec 16, 2021 \$750-\$850	Yorkton
	Sask Cup #2 April 9-10	Feb 16, 2022 \$650-\$750	Feb 23, 2022 \$750-\$850	Saskatoon



	Provincials May 6-8	Feb 18, 2022 \$775-\$875	Feb 25, 2022 \$875-\$975	Saskatoon/Warman
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\* ALL fees are subject to GST.

- Late Registration Fees – will be charged \$1300 and considered on a case by case basis. Entry will be determined upon space availability and teams are not guaranteed entry.
- **Sask Cup registration fees will be refunded minus a \$50 admin fee until the registration deadline. After the deadline, registration fees are non-refundable.**

For All Draws/Results follow us here: <http://www.saskvolleyball.ca/content/booster-juice-sask-cup-drawsresults>

For Results follow us here: <http://www.saskvolleyball.ca/Provs>

## Women’s Age Class Programs

### SEEDING AND TOURNAMENT FORMAT: Women 13U

SEEDING	
SASK CUP 1 SEEDING	- 13U will be a random draw.
SASK CUP 2 SEEDING	- based on point value earned from Sask Cup 1.
PROVINCIAL SEEDING	- <b>single highest</b> point value from <b>either</b> Sask Cup 1 <b>or</b> Sask Cup 2.

TOURNAMENT FORMAT	
SASK CUP 1 FORMAT	- all teams begin in same division.
SASK CUP 2 FORMAT	- if <b>less than 16 teams</b> , all teams compete in <b>one division</b> . - if <b>16 teams or more</b> , <b>8 teams</b> compete in <b>Division 1</b> and the rest in <b>Division 2</b> . - movement between divisions.
PROVINCIAL FORMAT	- if <b>less than 18 teams</b> , all teams compete in <b>one division</b> . - if numbers allow, the top teams will be pooled together in a <b>power pool</b> .

	<ul style="list-style-type: none"> <li>- if <b>18 teams or more</b>, <b>10 teams</b> compete in <b>Division 1</b> and the rest in <b>Division 2</b>.</li> <li>- if numbers allow, the top Division 2 teams will be pooled together in a power pool.</li> <li>- <b>no movement</b> between divisions.</li> </ul>
	<ul style="list-style-type: none"> <li>- if <b>24 teams or more</b>, <b>10 teams</b> compete in <b>Division 1</b> and the rest in <b>Division 2</b>.</li> <li>- in <b>Division 2</b>, the top teams will be pooled together in a power pool.</li> <li>- <b>no movement</b> between divisions.</li> </ul>

### SEEDING AND TOURNAMENT FORMAT: Women 14U, 15U, 16U, 17U, 18U

SEEDING	
<b>SASK CUP 1 SEEDING</b>	<ul style="list-style-type: none"> <li>- 14UW will be a random draw.</li> <li>- 15UW based on the latest 13UW competitive standing available from March 2020</li> <li>- 16UW based on the latest 14UW competitive standing available from March 2020</li> <li>- 17UW based on the latest 15UW competitive standing available from March 2020</li> <li>- 18UW based on the latest 16UW competitive standing available from March 2020</li> </ul>
<b>SASK CUP 2 SEEDING</b>	- based on point value earned from Sask Cup 1.
<b>SASK CUP 3 SEEDING</b>	- <b>single highest</b> point value from <b>either</b> Sask Cup 1 <b>or</b> Sask Cup 2.
<b>PROVINCIAL SEEDING</b>	- <b>adding 2 highest</b> point values from Sask Cup 1, Sask Cup 2 and Sask Cup 3.

TOURNAMENT FORMAT	
<b>SASK CUP 1 FORMAT</b>	<ul style="list-style-type: none"> <li>- all teams begin in same division.</li> </ul>
<b>SASK CUP 2 FORMAT</b>	<ul style="list-style-type: none"> <li>- if <b>less than 16 teams</b>, all teams compete in <b>one division</b>.</li> <li>- if <b>16 teams or more</b>, <b>8 teams</b> compete in <b>Division 1</b> and the rest in <b>Division 2</b>.</li> <li>- if numbers allow, the top Division 2 teams will be pooled together in a power pool.</li> <li>- movement between divisions.</li> </ul>
<b>SASK CUP 3 FORMAT</b>	<ul style="list-style-type: none"> <li>- if <b>less than 16 teams</b>, all teams compete in <b>one division</b>.</li> <li>- if <b>16 teams or more</b>, <b>8 teams</b> compete in <b>Division 1</b> and the rest in <b>Division 2</b>.</li> <li>- if numbers allow, the top Division 2 teams will be pooled together in a power pool.</li> <li>- movement between divisions.</li> </ul>
<b>PROVINCIAL FORMAT</b>	<ul style="list-style-type: none"> <li>- if <b>less than 18 teams</b>, all teams compete in <b>one division</b>.</li> <li>- if <b>18 teams or more</b>, <b>10 teams</b> compete in <b>Division 1</b> and the rest in <b>Division 2</b>.</li> <li>- if numbers allow, the top Division 2 teams will be pooled together in a power pool.</li> <li>- <b>no movement</b> between divisions.</li> </ul> <ul style="list-style-type: none"> <li>- if <b>32 teams or more</b>, <b>10 teams</b> compete in <b>Division 1</b> and <b>14 teams</b> in <b>Division 2 and the rest in Division 3</b>.</li> <li>- if numbers allow, the top Division 2 teams will be pooled together in a power pool. If numbers allow, the top Division 3 teams will be pooled together in a power pool.</li> <li>- <b>no movement</b> between divisions.</li> </ul>

	<ul style="list-style-type: none"> <li>• a team can qualify for <b>Division 3</b> provincials without having attended 2 sanctioned tournaments in their age group. Teams must still pay the full membership fee and entry fee for the provincial championship.</li> </ul>
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### 13U Girls

LTAD Stage: Training to Train

Principle Focus: To develop and consolidate sports skills.

#### Guidelines

- a) Registered teams can register for Sask Cup #1, Sask Cup #2, and Provincials.
- b) The Mikasa VUL500 Training Series will be the official competition ball for this age class.
- c) Coaches must start all players within a match. Volleyball Canada 'Fair Play' rules apply.
  - i. All players listed on the score sheet must start the first or second set.
  - ii. **Substitutions are not permitted in the first or second set.**  
NOTE: In the case of injury, an *Exceptional Substitution* may be made. The injured/ill player may not return to the same set but may return to play in subsequent sets.
  - iii. Any lineup can be used at the start of the third set. Teams are strongly encouraged to distribute playing time among all players on the team.  
NOTE: Substitution requests can only occur between a three-ball sequence.
  - iv. Teams switch sides in the third set once a team reaches 8 points. If this occurs during a three-ball sequence then the switch will be made after the sequence is complete.

#### Sask Cup Structure

- a) Triple ball will be used for the 2021-2022 Age Class season.
- b) There will be no specialization of positions, i. e., No switching to a different position from your service order.  
 e. g., the player in position #3 (position #2 or **position #1**, as decided by the coach at the start of the match) in your service reception, will be the designated setter for that rotation.

#### Sask Cup Format

- a) Sask Volleyball reserves the right to adjust the Pools to avoid having teams from the same club playing in the same pool in the preliminary draw.
- b) Draws are intended to provide each team with 6-8 matches each.

### Triple Ball Overview

Triple Ball is the official competition format for all 13U age competitions. In Saskatchewan, Triple Ball will be played during Sask Cup #1 in the 14U age category when a 13U age category does not exist.

The **goals** of Triple Ball are to promote better skill development, participation, meaningful competition, and fun.

An explanation of Tripleball including an instructional video can be found on the Sask Volleyball website.

<http://www.saskvolleyball.ca/coaching-resources/#toggle-id-3>

## 14U Women

LTAD Stage: Training to Train

Principle Focus: To develop and consolidate sports skills.

Teams that register for this category are eligible to attend Nationals pending they have met all the requirements outlined in the VC Nationals criteria.

### Guidelines

- a) Registered teams can register for Sask Cup #1, Sask Cup #2, Sask Cup #3 and Provincials.
- b) **The Mikasa MIP300** will be the official competition ball for this age category.
- c) 14U Women will utilize the 12 limited substitution rule with NO libero.
- d) Coaches must start all players within a match. Volleyball Canada 'Fair Play' rules apply.
  - i. All players listed on the score sheet must start the first or second set.
  - ii. **Substitutions are not permitted in the first or second set.**  
NOTE: In the case of injury, an *Exceptional Substitution* may be made. The injured/ill player may not return to the same set but may return to play in subsequent sets.
  - iii. Any lineup can be used at the start of the third set. Teams are strongly encouraged to distribute playing time among all players on the team.
  - iv. Teams switch sides in the third set once a team reaches 8 points.

### Sask Cup Structure

Sask Cups will be used for the 2021-2022 Age Class season.

### Sask Cup Format

- c) A serpentine seeding system will be utilized to place teams into pools in the preliminary round
- d) Sask Volleyball reserves the right to adjust the seeding to avoid having teams from the same club playing in the same pool in the preliminary draw.
- e) Draws are intended to provide each team with 6-8 matches each.

## 15U Women

LTAD Stage: Training to Train

Principle Focus: To develop and consolidate sports skills.

Teams who register for this category are eligible to attend Nationals pending they have met all the requirements outlined in the VC Nationals criteria.

### Guidelines

- a) Registered teams can register for Sask Cup #1, Sask Cup #2, Sask Cup #3 and Provincials.
- b) The **Mikasa MIP300** will be the official competition ball for this age category.
- c) 15U Women will utilize the 12 limited substitution rule with NO libero.
- d) 15U may receive the serve with an overhand motion using the fingers

### Sask Cup Structure

Sask Cups will be used for the 2021-2022 Age Class season.

**Sask Cup Format**

- a) A serpentine seeding system will be utilized to place teams into pools in the preliminary round.
- b) Sask Volleyball reserves the right to adjust the seeding in order to avoid teams from the same club playing in the same pool in the preliminary draw.
- c) Draws are intended to provide each team with 6-8 matches each.

**16U Women**

LTAD Stage: Training to Train

Principle Focus: To develop and consolidate sports skills.

All teams who register in this division are eligible to attend Nationals pending they have met all the requirements outlined in the VC Nationals criteria.

**Guidelines**

- a) Registered teams can register for Sask Cup #1, Sask Cup #2, Sask Cup #3 and Provincials.
- b) The **Mikasa MIP300** will be the official competition ball for this age category.
- c) 16U Women will utilize the 6 limited substitution rule with libero.

**Sask Cup Structure**

Sask Cups will be used for the 2021-2022 Age Class season.

**Sask Cup Format**

- a) A serpentine seeding system will be utilized to place teams into pools in the preliminary round
- b) Sask Volleyball reserves the right to adjust the seeding in order to avoid teams from the same club playing in the same pool in the preliminary draw.
- c) Draws are intended to provide each team with 6-8 matches each.

**17U Women**

LTAD Stage: Learn to Compete

Principle Focus: Optimize fitness preparation and position specific skills.

All teams who register in this division are eligible to attend Nationals pending they have met all the requirements outlined in the VC Nationals criteria.

**Guidelines**

- a) Registered teams can register for Sask Cup #1, Sask Cup #2, Sask Cup #3 and Provincials.
- b) The **Mikasa MIP300** will be the official competition ball for this age category.
- c) 17U Women will utilize the 6 limited substitution rule with libero.

**Sask Cup Structure**

Sask Cups will be used for the 2021-2022 Age Class season.

**Sask Cup Format**

- a) A serpentine seeding system will be utilized to place teams into pools in the preliminary round
- b) Sask Volleyball reserves the right to adjust the seeding in order to avoid teams from the same club playing in the same pool in the preliminary draw.
- c) Draws are intended to provide each team with 6-8 matches each.

## 18U Women

LTAD Stage: Learn to Compete

Principle Focus: Optimize fitness preparation and position specific skills.

All teams who register in this division are eligible to attend Nationals pending they have met all the requirements outlined in the VC Nationals criteria.

### Guidelines

- Registered teams can register for Sask Cup #1, Sask Cup #2, Sask Cup #3 and Provincials.
- The **Mikasa MIP300** will be the official competition ball for this age category.
- 18U will utilize the 6 limited substitution rule with libero.

### Sask Cup Structure

Sask Cups will be used for the 2021-2022 Age Class season.

### Sask Cup Format

- A serpentine seeding system will be utilized to place teams into pools in the preliminary round
- Sask Volleyball reserves the right to adjust the seeding in order to avoid teams from the same club playing in the same pool in the preliminary draw.
- Draws are intended to provide each team with 6-8 matches each.

## Men's Age Class Programs

### SEEDING & TOURNAMENT FORMAT: Men 14U, 16U, 18U

SEEDING	
<b>SASK CUP 1 SEEDING</b>	<ul style="list-style-type: none"> <li>- 14UM will be a random draw.</li> <li>- 16UM based on the latest 14UM competitive standing available from March 2020</li> <li>- 18UM based on the latest 16UM competitive standing available from March 2020</li> </ul>
<b>SASK CUP 2 SEEDING</b>	- based on point value earned from Sask Cup 1.
<b>PROVINCIAL SEEDING</b>	- <b>single highest</b> point value from <b>either</b> Sask Cup 1 <b>or</b> Sask Cup 2.

<b>TOURNAMENT FORMAT</b>	
<b>SASK CUP 1 FORMAT</b>	- all teams begin in same division.
<b>SASK CUP 2 FORMAT</b>	- if <b>less than 16 teams</b> , all teams compete in <b>one division</b> .
	- if <b>16 teams or more, 8 teams</b> compete in <b>Division 1</b> and the rest in <b>Division 2</b> . - movement between divisions.
<b>PROVINCIAL FORMAT</b>	- if <b>less than 18 teams</b> , all teams compete in <b>one division</b> .  - if numbers allow, the top teams will be pooled together in a <b>power pool</b> .  - if there are <b>8 or more 13U Men's teams</b> , and <b>8 or more 14U Men's teams</b> registered for provincials, there will be a separate 13UM and 14UM provincial championship – both age groups must have 8 teams in each, for this to happen.  - if there are <b>8 or more 15U Men's teams</b> and <b>8 or more 16U Men's teams</b> registered for provincials, there will be a separate 15UM and 16UM provincial championship – both age groups must have 8 teams in each for this to happen. 15UM tournament will follow Volleyball Canada rules for 15U Men, 16UM tournament will follow Volleyball Canada rules for 16U Men.
	- if <b>18 teams or more, 10 teams</b> compete in <b>Division 1</b> and the rest in <b>Division 2</b> .  - if numbers allow, the top Division 2 teams will be pooled together in a power pool.  - <b>no movement</b> between divisions.
	- if <b>24 teams or more, 10 teams</b> compete in <b>Division 1</b> and the rest in <b>Division 2</b> .  - in <b>Division 2</b> , the top teams will be pooled together in a power pool.  - <b>no movement</b> between divisions.



## 14U Men

LTAD Stage: Training to Train

Principle Focus: To develop and consolidate sports skills.

### Guidelines

- a) Registered teams can register for Sask Cup #1, Sask Cup #2, and Provincials.
- b) 14U Men will utilize the 12 limited substitution rule with NO libero.
- c) Coaches must start all players within a match. Volleyball Canada 'Fair Play' rules apply.
  - a. All players listed on the score sheet must start the first or second set.
  - b. **Substitutions are not permitted in the first or second set.** In the case of injury, as Exceptional Substitution may be made. The injured/ill player may not return to the same set but may return to play in subsequent sets.
  - c. Any lineup can be used at the start of the third set. Teams are strongly encouraged to distribute playing time among all players on the team.
  - d. Teams switch sides in the third set once a team reaches 8 points.

### Sask Cup Structure

Sask Cups will be used for the 2021-2022 Age Class season.

Sask Cup #1 - [Tripleball](#) will be used as the game play format at Sask Cup #1.

Any tournaments that are sanctioned and occur prior to Sask Cup #1 are expected to run as [Tripleball](#) tournaments.

An explanation of [Tripleball](#), including an instructional video, can found on the SaskVolleyball web site.

Sask Cup #2 and Provincial Championships, traditional Volleyball Canada Format will be used.

### Sask Cup Format

- a) A serpentine seeding system will be utilized to place teams into pools in the preliminary round
- b) Sask Volleyball reserves the right to adjust the seeding to avoid teams from the same club playing in the same pool in the preliminary draw.
- c) Draws are intended to provide each team with 6-8 matches each.

## 16U Men

LTAD Stage: Training to Train B

Principle Focus: builds the "engine" and consolidates sports skills.

### Guidelines

- a) Registered teams can register for Sask Cup #1, Sask Cup #2, Sask Cup #3 and Provincials.
- b) The **Mikasa MIP300** will be the official competition ball for this age category.
- c) **16U Men will utilize the 6 limited substitution rule with libero.**

### Sask Cup Structure

Sask Cups will be used for the 2021-2022 Age Class season.

**Sask Cup Format**

- a) A serpentine seeding system will be utilized to place teams into pools in the preliminary round
- b) Sask Volleyball reserves the right to adjust the seeding in order to avoid teams from the same club playing in the same pool in the preliminary draw.
- c) Draws are intended to provide each team with 6-8 matches each.

**18U Men**

LTAD Stage: Learn to Compete

Principle Focus: Optimize fitness preparation and position specific skills.

**Guidelines**

- a) Registered teams can register for Sask Cup #1, Sask Cup #2, Sask Cup #3 and Provincials.
- b) The **Mikasa MVA200** will be the official competition ball for this age category.
- c) 18U Men will utilize the 6 limited substitution rule with libero.

**Sask Cup Structure**

Sask Cups will be used for the 2021-2022 Age Class season.

**Sask Cup Format**

- a) A serpentine seeding system will be utilized to place teams into pools in the preliminary round
- b) Sask Volleyball reserves the right to adjust the seeding in order to avoid teams from the same club playing in the same pool in the preliminary draw.
- c) Draws are intended to provide each team with 6-8 matches each.

### Coach & Person in Authority (PIA) PROVINCIAL Requirements

**ALL COACHES & PIA** who are on the practice court with athletes or on the bench during sanctioned Sask Volleyball or Volleyball Canada events, must have a Police Records Check (PRC) and Respect in Sport (RIS) completed at the time of team registration. Team registrations will not be approved until a completed PRC & RIS is received and verified by Sask Volleyball. All documents are to be sent to [coach@saskvolleyball.ca](mailto:coach@saskvolleyball.ca)

**ALL COACHES** must adhere to the Responsible Coaching Movement’s Rule of Two which states that any one-on-one interaction between a PIA and an individual athlete must take place within earshot and view of a second PIA. If possible one of the PIAs should be the same gender as the athlete. If a PIA is not available, another screened volunteer, parent or adult can be recruited. An exception is made for medical emergencies.

**ALL HEAD COACHES** must meet the following National requirements below **before April 1, 2022**. If a Head Coach must be replaced at Sask Volleyball/National Championships, the replacement coach must have a minimum of MED Online Evaluation and Making Headway.

Fines will be held in trust for one calendar year for the fined coach or club to access for the registration cost of missing certification components. Exemptions will only be considered if rationale is received in written form, prior to March 15, 2022. All requests are to be sent to [coach@saskvolleyball.ca](mailto:coach@saskvolleyball.ca)

### Coach & Person in Authority (PIA) NATIONAL Requirements

**MANDATORY ELIGIBILITY REQUIREMENTS FOR HEAD COACHES IN 2022 AND 2023:**

Head Coaches listed on any VC National Championship roster must complete the requirements in Section A (below) to be eligible to participate. These requirements are mandatory for all Head Coaches regardless of certification status. PTA’s will verify requirements for all Head Coaches through their registration system.

**DEADLINE:** Pending Provincial membership approval and National registration deadlines.

**SANCTIONS:** Head Coaches who are missing any, or all, of the requirements in Section A (below) will be ineligible to participate with their team in a Head Coach capacity at a VC National Championship for that year and will not be listed on the final team roster.

A	Enhanced Police Information Check (EPIC) & Screening Process	Cost varies	<i>EPIC completed within the last 3 years <b>Screening Process completed annually</b></i>
	<a href="#">Coaches Association of Canada (CAC) Safe Sport Training</a>	Free	<i>Credit will also be given for equivalent programs recognized by Sport Canada, ie Respect in Sport, Activity Leader.</i>
	<a href="#">Making Head Way in Sport eLearning</a>	Free	<i>The Making Head Way eLearning provides coaches with the latest information specific to Concussion Management.</i>

B	<a href="#">Make Ethical Decisions (MED) Online Evaluation</a>	\$85 or Free	<i>Credit for the Make Ethical Decisions (MED) Online Evaluation is required. Coaches can choose to take the MED NCCP Multi Sport Module and then complete the MED Online Evaluation for free or they can proceed directly to the MED Online Evaluation (without taking the module) for \$85.</i>
	<a href="#">Foundations of Volleyball eLearning</a>	\$89	<i>Foundations of Volleyball eLearning introduces coaches to Volleyball Canada's teaching methodologies and long- term athlete development principles.</i>

**MANDATORY ELIGIBILITY REQUIREMENTS FOR ALL ADDITIONAL PERSONS IN AUTHORITY (PIA) IN 2021 AND 2022:**

All additional Persons in Authority listed on any Nationals roster must complete the requirements in Section B (below) to be eligible. In addition to the Head Coach, a Person in Authority includes, but is not limited to, all assistant coaches, team trainers and team managers who are listed on the Nationals roster. These requirements are mandatory for all Persons in Authority regardless of certification status.

**DEADLINE:** Pending Provincial membership approval and National registration deadlines.

**SANCTIONS:** Any Persons in Authority who are missing any or all of the requirements in Section B (below) will be ineligible to participate with their team as a Persons in Authority at a Nationals for that year and will not be listed on the final team roster.

B	Enhanced Police Information Check (EPIC) & Screening Process	Cost varies	<i><b>EPIC completed within the last 3 years Screening Process completed annually</b></i>
	<a href="#">Coaches Association of Canada (CAC)</a> <a href="#">Safe Sport Training</a>	Free	<i>Credit will also be given for equivalent programs recognized by Sport Canada, ie Respect in Sport, Activity Leader.</i>

**MINIMUM CERTIFICATION REQUIREMENTS FOR HEAD COACHES:**

All Head Coaches listed on any Nationals roster must meet the requirements below for the age class that they are coaching.

**DEADLINE:** March 30 of the respective year.

**SANCTIONS:** Head Coaches who do not meet the requirements for that year (outlined below) will be subject to a \$250 CAD fine, payable prior to participation in that year’s Nationals.

	2022	2023
<b>14U</b>  <b>15U</b>  <b>16U</b>	<b>TRAINED DEVELOPMENT COACH</b>  All Head Coaches listed on a 14U, 15U or 16U National Championship roster in 2022 must have Trained Development Coach status prior to participation.	All coaches participating as a Head Coach at a 14U, 15U or 16U Nationals for the first time since 2017 are required to have <b>TRAINED DEVELOPMENT COACH</b> status.  All coaches participating as a Head Coach at a 14U, 15U or 16U National Championship for the second time or more since 2017 (does not need to be consecutive years) are required to have <b>CERTIFIED DEVELOPMENT COACH</b> status.
<b>17U</b>  <b>18U</b>	<b>TRAINED ADVANCED DEVELOPMENT COACH</b>  All Head Coaches listed on a 17U or 18U National Championship roster in 2021 must have Trained Advanced Development Coach status prior to participation.	All coaches participating as a Head Coach at a 17U or 18U Nationals for the first time since 2017 are required to have <b>TRAINED ADVANCED DEVELOPMENT COACH</b> status.  All coaches participating as a Head Coach at a 17U or 18U National Championship for the second time or more since 2017 (does not need to be consecutive years) are required to have <b>CERTIFIED ADVANCED DEVELOPMENT COACH</b> status.
<p><b>IMPORTANT NOTE:</b> <u>Head Coaches</u> who have achieved <b>Certified</b> status in their appropriate context are still required to complete the mandatory requirements in Section A (above) and maintain <b>Active</b> status in the NCCP Locker. Please refer to <a href="#">Volleyball Canada’s NCCP Certification Maintenance Guide</a> on how to remain <b>Active</b>.</p>		

Updated August 17, 2021 (Draft 1.2)

Please note that this document may be subject to change without notice.

**NCCP CERTIFICATION PATHWAYS (Development Stream for 13-18U Athletes)**

- 1) [Development Coach Certification Pathway](#)
- 2) [Advanced Development Coach Certification Pathway](#)

Basic Mental Skills

## Coach Workshops

Coaches can register for a workshop once completing the online E-Learning modules. Our NCCP workshop dates can be found on our website. For more info or to discuss hosting a clinic in your community, please contact Joel Dyck at [joel@saskvolleyball.ca](mailto:joel@saskvolleyball.ca) or 306-713-2450.

## Coach Evaluation

With the new format of the Development and Advanced Development Coach In-Person Workshop, coaches taking the workshop after September 1, 2018, are now required to have a certified evaluator work with them to complete their evaluation. You can email request an evaluator on your status file at ([coach.volleyball.ca](http://coach.volleyball.ca)).

## Coach Maintenance for PD Points

Certified coaches are responsible for maintaining and managing their own Professional Development 'points' in their personal ([NCCP Locker Account](#)) managed by the Coaching Association of Canada.

**\*\*Please check your PD Points in your Locker, 2022, will be the fourth year when coaches must meet their PD Points requirements. The five-year period to obtain your 20 or 30 PD Points if started in 2014 or, starts when you receive your certification for Development or Advanced Development Coaching. Check your Locker to see when your five years ends.** You can also refer the [Volleyball Canada's NCCP Certification Maintenance Guide](#) on how points are determined.

## Coach Education

Coach educational modules as well as links to other resources can be found on our website here: <http://www.saskvolleyball.ca/coaching-resources/>

## Coach Symposium

Coaches can attend online or in-person volleyball presentations, featuring guest speakers, throughout the year for PD points (Typically Nov & Feb). For more info and dates, head to our website:

<http://www.saskvolleyball.ca/coaching-symposium/>

## Concussion Protocol

Sask Volleyball adheres to Volleyball Canada's Concussion Policy and Protocol. [Click here](#) for the full document.

## Membership Assistance Program Grants (MAP)

The Membership Assistance Program (MAP) encourages clubs to build and sustain strong younger age classes and programs such as Mini, Atomic, and Beach. For requirements, deadlines, and instructions, visit: <http://www.saskvolleyball.ca/map-grants/>.

## Funding Distribution Breakdown

The annual MAP grant will be split up in the following categories:

Accredited Club	
Indoor Development Program (# of athletes)	22%
Indoor 13-15U teams (# of teams)	22%
Indoor 16-18U teams (# of teams)	22%
Indoor Performance teams(# of teams)	6%
Beach Development Program (# of athletes)	6%
Referee Clinic Hosted (y/n)	2%
Approved Club	
Indoor Development Program (# of athletes)	10%
Beach Development Program (# of athletes)	6%
High School Associations	4%

## Section 6: Volleyball for Adults

Along with the youth volleyball programs, Sask Volleyball also provides a program for Adults to participate in and continue their enjoyment in the sport of volleyball.

For the 2022 Season, Adult teams will be required to pay a membership fee to participate in these events. Teams will be required to pay the \$400 entry fee per tournament as well.

### Divisions

Seniors: Men's/Women's – Born 2003 or before

Masters: Men's/Women's – Born in 1987 or before

Masters 45+: Men's/Women's – Born in 1977 or before

### 2022 Adult Tournament Dates

<i>TOURNAMENT</i>	Date	Registration Deadline	Location	Fee
Senior Provincials	April 9-10	Feb 25, 2022	Saskatoon	\$400+GST
Masters Provincials	April 9-10	Feb 25, 2022	Saskatoon	\$400+GST

### Registration

[Registration : User Log-in \(sportsmanager.ie\)](#)

Contact Sask Volleyball office at 306-539-1734 or via email at [cara@saskvolleyball.ca](mailto:cara@saskvolleyball.ca) with any questions you may have.



## Section 7: Beach Volleyball

Sask Volleyball will offer Beach Volleyball based on Covid restrictions at the time of spring/summer of 2022. (See Beach section of our website)

## Section 8: Indoor National Championships



All 2022 Volleyball Canada (VC) National Championships are OPEN Events. Entries into all National Championships are based on a first come first serve basis. If your team(s) is planning on entering any VC National Championship, early registration is the best way to guarantee entry into the desired tournament. Registration for Nationals will open the first week of November, exact date to be posted on [www.volleyball.ca](http://www.volleyball.ca). Club teams will be able to create a team on the VRS and register a club contacts and a team contact without filling in their roster of athletes and coaches in order to register for

Nationals.

**Note:** Sask Volleyball CANNOT hold a spot for you at any of the National Events.

### Locations and Dates

May 5 – 8, 2022

14UW and 14UM Ottawa

May 12 – 15, 2022

West 14UW Richmond

West 14UM Burnaby

East 14UW and 14UM Halifax

May 18 – 21, 2022

15UW, 15UM and 17UW, 17UM Edmonton

May 21 – 24, 2022

16UW, 16UM and 18UW, 18UM Edmonton

Registration dates will be posted on the Volleyball Canada website in October 2021.

All team registrations for Nationals are done online. For assistance on registering a team, please consult the Nationals Registration Guide (Coming soon).

## Section 9: 2021-22 Referee Committee

### Executive

**Lori Banga**  
**Chairperson (ROC)**  
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**Scott Borys**  
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**Jacques Delorme**  
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**Linette Fetter**  
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### Committee Members

#### **ZONE 1**

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Susan Hengen (**Kipling-Moosomin**)  
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#### **ZONE 4**

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Evan Rostotski (**Norquay - Preeceville**)  
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#### **ZONE 5**

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Lori Mills  
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#### **ZONE 7 (North Battleford -Lloyd-M.Lake)**

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#### **ZONE 8 (Prince Albert)**

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### 2021-22 Referee Pay Rate Schedule

**\*\*All assigning of referees for club or exhibition matches must be requested and coordinated through the ROC or a Referee Committee Member. This will ensure all referees are registered and have completed any mandatory training.\*\***

*\*Effective for the 2021-2022 season, pay rates for Sask Volleyball-run tournaments include a per diem fee. The rate for club tournaments does not include this fee.*

*\*\*There is a 10% deduction on the match rates for referees that goes to the Referee Development Fund. This applies to all Sask Volleyball and club tournaments.*

#### Best of Two or Three Matches

<u>One Referee</u>		
	Sask Cup Match	Exhibition Match
<b>Level 3, 4, 5</b>	\$34	\$27
<b>Level 2</b>	\$31	\$24
<b>Level 1</b>	\$29	\$22
<b>Novice</b>	\$26	\$20

<u>Two Referees</u>		
	Sask Cup Match	Club Tournament
<b>Level 3, 4, 5</b>	\$29	\$22
<b>Level 2</b>	\$26	\$19
<b>Level 1</b>	\$24	\$17
<b>Novice</b>	\$22	\$15

#### Best of Five Matches

Level 3, 4, 5     \$45 per referee  
 Level 1, 2        \$40 per referee

#### Sask Volleyball Beach Events

\$110/day + \$10/hour after 9 hours +mileage

#### Tournament Assigner Fees

\$1.25/match (minimum \$50/tournament)  
 Finding referees for small/self-assigning tournaments \$25

#### Mileage

The mileage rate is \$0.40/km

## Section 12: Appendices

### Appendix A - Over-Age Athlete Request Form

#### *Over-Age Athlete Registration Form – FOR ATHLETES BORN IN 2003*

**For 18U only**, athletes born between January 1, 2003 and August 31, 2003 and are in Grade 12 for the 2021-2022 academic year (first year Grade 12) are eligible to compete as an Overage Athlete.

Decisions on the eligibility of over-age athletes will be determined by the volleyball provincial/territorial associations within the province or territory in which the athlete resides.

1.	_____	_____	_____
	Name of over-age athlete	Birth Date	Athlete or Guardian Signature
2.	_____	_____	_____
	Name of over-age athlete	Birth Date	Athlete or Guardian Signature
	_____		_____
	Club and team name over-age athlete is playing for		Age-Category of team
	_____		_____
	Name of the coach of the Age-Category team		Coach Signature
	_____		
	Date Submitted		

Please submit by email to: [cara@saskvolleyball.ca](mailto:cara@saskvolleyball.ca)